

Name _____

PatLive _____

Week beginning ____ - ____ - ____

Week ending ____ - ____ - ____

Total Points for the Week _____

Basic Five Weekly Check List

Each of the 8 categories is worth a max of 5 points per week. A perfect score is 40 points for the week.

1. Listen to one audio per day:

Mon ____ Tue ____ Wed ____ Thur ____ Fri ____ Sat ____ Sun ____

2. Read 15-20 minutes per day:

Mon ____ Tue ____ Wed ____ Thur ____ Fri ____ Sat ____ Sun ____

3. Read goal statement 2x's per day:

Mon ____ Tue ____ Wed ____ Thur ____ Fri ____ Sat ____ Sun ____

4. Sell 1 product per week to a new customer:

Name _____ Date ____ - ____ - ____ Product(s) _____

5. Show the plan to one personal prospect per week:

Name _____ Next Step _____

6. Follow up 1 time per week:

Name _____ Next Step _____

7. Attend 1-2 meetings per week:

Date ____ - ____ - ____ Location _____ Meeting Type _____

Date ____ - ____ - ____ Location _____ Meeting Type _____

8. Positive out loud verbal projections 50-100x's per day:

Mon ____ Tue ____ Wed ____ Thur ____ Fri ____ Sat ____ Sun ____

Business "high":

Business "low"

Goal for next week: